

# ONE-MINUTE SPEECHES

One-minute speeches are an activity designed to involve the whole class. This activity encourages students to gain confidence in giving short speeches on various topics.

## Corresponding Events

- Impromptu Speaking
- Public Speaking I/II
- Entrepreneurship
- Job Interview
- All speaking/performance events

## Objectives

Students will do the following:

1. use communication strategies & skills to communicate effectively with others
2. use effective language and style
3. communicate ideas clearly and effectively
4. develop content and ideas
5. use effective delivery

## Materials

- Index cards with one topic written on each card
- Lectern
- Fun prizes -- Optional

## Activity Time:

Time will vary. This activity can be used whenever extra class time is available or as part of your curriculum throughout the semester/year.

## Concepts Taught:

Speaking skills

## How To Play

1. The teacher explains the procedures/guidelines for the one-minute speeches.
2. Students are chosen randomly or by volunteering to give a one-minute speech.
3. The student selects one card from the pile of cards and is given some time to mentally prepare for their speech. Students cannot decide they don't like the subject drawn and draw again. The first card drawn must remain the topic of the speech.
4. Student gives speech in front of the class following the guidelines given by the teacher.
5. The audience applauds at the end of the speech and may be encouraged to give constructive feedback to the speaker.
6. Optional: If the student does not follow the procedures/guidelines, the teacher can stop the student and ask them to start over again or to sit down.

## Options

- Include speeches as part of your class on a daily/weekly basis.

## **Assessments**

As the activity progresses, vary the requirements for the speeches. The beginning speeches must last for the one-minute time limit with little additional requirements. The more advanced speeches will add some of the following stipulations as the practice evolves:

- Eye contact
- Posture
- Fillers (um, like, etc.)
- Diction
- Gestures
- Correct grammar
- Vocabulary learned in class, if applicable
- Correct speech structure (introduction, main idea(s), conclusion)
- Tone, volume, etc.

## **Extensions**

1. You might also require this activity as part of your curriculum.